



MID-AMERICA ORTHOPAEDIC ASSOCIATION



Pre-Meeting Course – Wednesday, April 19, 2023

“Tips and Tricks To Save You During Primary and Revision
Hip and Knee Arthroplasties”

40TH
ANNUAL MEETING

APRIL 19 – 23, 2023

HILTON SANDESTIN BEACH GOLF RESORT | MIRAMAR BEACH, FLORIDA

Preliminary Program & Registration Information

Visit www.maoa.org to register!

Registration Deadline | **March 17, 2023**

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(ex officio position)*

Matthew P. Abdel, MD
*2024 Program Committee Chair
(ex officio member)*

Jeffrey R. McLaughlin, MD
*MAOA Representative on AAOS Board of
Councilors (ex officio position)*

Dear Colleagues and Guests:

The 2023 Mid-America Orthopedic Association meeting will be held at the Hilton Sandestin Beach Golf Resort and Spa in Miramar Beach, Florida, April 19-23. This will be our second visit to this location which was rated highly by our membership after MAOA's first visit in 2019. Dr. Matthew Dilisio and the Program Committee have produced another exceptional program which includes Instructional Course Lectures, Plenary and Breakout Sessions, poster presentations, and symposia. Also, included this year are two Ask the Expert panels discussing trauma and knee.

The Pre-Meeting Course titled "Tips and Tricks to Save You During Primary and Revision Hip and Knee Arthroplasties: Video-Based Demonstrations" will be held on **Wednesday, April 19, 2023**.

It is with great pleasure that the following mentors and friends have agreed to participate in the meeting as guest speakers:

PRESIDENTIAL GUEST SPEAKER

Mark F. Swiontkowski, MD | Minneapolis, MN
*Musings on the Future of Orthopedic Surgery Based
on 38 Years of Practice and Academic Activity*

CLASSICS IN ORTHOPEDICS SPEAKERS

Timothy C. Fitzgibbons, MD | Omaha, NE
*Evolution of the Arthroscopic Ankle Fusion – Early Techniques,
Complications, and Current Indications*

Matthew A. Mormino, MD | Omaha, NE
Subtrochanteric Femur Fractures: Avoiding Complications

RAPP LECTURER

Michael P. Clare, MD | Lakewood Ranch, FL
*The Modified Romash Osteotomy in Calcaneal Fracture-
Dislocation Malunions: Joint Salvage to Arthrodesis*

The 2023 Steel Memorial Lecturer will be **Four Star General Charles A. Horner, USAF (Ret)** who will speak on the political and military aspects that facilitated the liberation of occupied Kuwait in 1991.

This resort is an excellent venue for both our scientific and social programs. Don't forget to sign-up for our Annual MAOA Golf Tournament or the Destin Dolphin Cruise. Liz and I look forward to hosting you and your families at this year's meeting and hope to see everyone in April!



Erik T. Otterberg, MD
President
Mid-America Orthopaedic Association

Abstract Review

Mid–America Orthopaedic Association would like to recognize and thank the following for their time and effort in reviewing the abstracts for the 2023 scientific program.

Program Committee

Matthew F. Dilisio, MD
Matthew P. Abdel, MD
Jonathan D. Barlow, MD
William W. Cross, III, MD
Charles P. Hannon, MD
Jacob Markel, MD
Christopher McAndrew, MD

Ad Hoc Reviewers

Jonathon Backus, MD
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Disclaimer

The data, conclusions, and opinions presented by those who present or exhibit at Mid–America Orthopaedic Association sponsored meetings or who serve as authors in its publications, are solely the responsibility of those individuals or exhibitors and are not to be considered those of the Association, which takes no responsibility for them. The Association does not endorse any products.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and Mid–America Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates the Mid–America Orthopaedic Association (MAOA) 40th Annual Meeting, April 19–22, 2023, in Miramar Beach, Florida for a maximum of 22.5* *AMA PRA Category 1 Credits™*, as follows:

Pre–Meeting Course	5.0* <i>AMA PRA Category 1 Credits™</i>
Scientific Program	16.5* <i>AMA PRA Category 1 Credits™</i>
Scientific Poster Sessions	1.0* <i>AMA PRA Category 1 Credits™</i>

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*subject to change

OBJECTIVES

1. To review hip and knee arthroplasty pearls and recent advancements
2. To learn the full spectrum of meniscal treatment
3. To discuss key aspects of the business of medicine and orthopedics
4. To discuss and learn concepts of treatment ankle arthritis
5. To learn current concepts of periprosthetic fractures
6. To comprehend the current status of workplace violence and what we can do as surgeons
7. To learn the latest treatment innovations in ankle fractures
8. To discuss indications and techniques of shoulder arthroplasty
9. To understand the history and future direction of arthroscopic ankle fusion
10. To discuss the role of biologics in orthopedic practice
11. To review the treatment strategies of complex adult orthopedic trauma

SCIENTIFIC MEETING IN BRIEF

Tuesday, April 18, 2023

6:00 PM – 8:00 PM **MAOA Registration Desk open** – Emerald Registration Desk

6:00 PM – 8:00 PM **Speaker Ready Room open** – Boardroom

Wednesday, April 19, 2023

7:00 AM – 8:00 PM **MAOA Registration Desk open** – Emerald Registration Desk

7:00 AM – 8:00 PM **Speaker Ready Room open** – Boardroom

7:55 AM – 3:00 PM **MAOA Pre-Meeting**

*Tips and Tricks to Save You During Primary and Revision Hip and Knee Arthroplasties:
Video Based Demonstrations*

5:00 PM **Board of Directors' Meeting**

5:00 PM – 9:00 PM **Exhibitor and Poster Setup**

6:30 PM **Exhibitor Meeting for Company Representatives** – Coastal Ballroom

7:00 PM – 9:00 PM **Welcome Reception and Buffet** – Sunrise & Barefoot's Deck

Thursday, April 20, 2023

6:00 AM – 3:00 PM **MAOA Registration Desk open** – Emerald Registration Desk

6:00 AM – 3:00 PM **Speaker Ready Room open** – Boardroom

6:30 AM – 7:45 AM **IC I – Primary Total Hip and Knee Arthroplasty in 2023: What's In and What's Out?**

Matthew P. Abdel, MD, Moderator
Rochester, MN

Charles P. Hannon, MD
St. Louis, MO

Anna Cohen-Rosenblum, MD
Metairie, LA

Linda I. Suleiman, MD
Chicago, IL

Objectives:

- Discuss previous practices in primary hip and knee arthroplasty that may not have clinical benefits
- Discuss current evidence-based practices for primary hip and knee arthroplasty
- Discuss new innovations in the field of hip and knee arthroplasty

6:30 AM – 7:45 AM **IC II – Meniscus Repairs to Replacement: Key Trends, Tips, and Techniques**

David C. Flanigan, MD, Moderator
Columbus, OH

Derrick M. Knapik, MD
St. Louis, MO

Geoffrey S. Baer, MD
Madison, WI

Marc Tompkins, MD
Minneapolis, MN

Objectives:

- Understand how to improve meniscus repairs with biologic augmentations
- Understand types of meniscus tears that can be repaired
- Recognize repair and transplantation techniques that can improve outcomes

7:30 AM – 12:30 PM

Exhibits/Posters Open

(continental breakfast available from 7:30 AM – 9:00 AM in exhibit area)



SCIENTIFIC MEETING IN BRIEF

Thursday, April 20, 2023 (con't)

8:00 AM – 10:30 AM

Plenary Session

Welcome: Erik T. Otterberg, MD | 2022–2023 MAOA President

SYMPOSIUM I: *Thinking Outside the Box*

Lisa K. Cannada, MD, Moderator
Jacksonville, FL

Kevin D. Plancher, MD
New York, NY

Craig J. Della Valle, MD
Chicago, IL

H. Clayton Thomason, III, MD
Gastonia, NC

Classics Speaker: Timothy C. Fitzgibbons, MD | Omaha, NE

Evolution of the Arthroscopic Ankle Fusion – Early Techniques, Complications, and Current Indications

Traveling Fellowship Presentation

OREF Presentation

Historian's Report

10:30 AM – 10:40 AM

Member Business Meeting (*MAOA members only*)

10:30 AM – 11:00 AM

Poster viewing: Presenters 1 – 43 will be available (*CME credit will be offered*)

10:30 AM – 11:00 AM

Coffee Break in Exhibit Area

11:00 AM – 11:30 PM

Ask the Expert – *Trauma*

11:30 AM – 12:00 PM

Ask the Expert – *Knee: Cartilage, Meniscus, and Ligament*

12:00 PM – 1:00 PM

Zimmer Biomet sponsored lunch/presentation (*No CME credit offered*)

1:15 PM – 3:00 PM

Breakout #1 **Hand/Elbow**

Breakout #2 **Hip Preservation**

Breakout #3 **Trauma**

Breakout #4 **Pediatric Orthopedics**

Breakout #5 **Digital Media and Robotic-Assisted Arthroplasty**

6:00 PM – 7:30 PM

Exhibitors' Reception

Friday, April 21, 2023

6:00 AM – 1:00 PM

MAOA Registration Desk open – Emerald Registration Desk

6:00 AM – 1:00 PM

Speaker Ready Room open – Boardroom

SCIENTIFIC MEETING IN BRIEF

Friday, April 21, 2023 (con't)

6:30 AM – 7:45 AM

IC III – Workplace Violence in the Health Care Setting: What We Can Do to Protect our Patients and Ourselves

Alfonso Mejia, MD, MPH, Moderator
Chicago, IL

Patrick Siemsen
Chicago, IL

Mark Gonzalez, MD
Chicago, IL

Objectives:

- Define what workplace violence in the health care setting is and how common it is
- Explain steps that can be taken to educate workers in the health care setting as to recognize threats and de-escalate situations
- Organize an evidence-based approach to individualizing threat assessment to a clinical practice and developing an iterative process towards mitigating the threat of violence

6:30 AM – 7:45 AM

IC IV – Nuances and Current Controversies in Ankle Fracture Fixation

Brandon J. Yuan, MD, Moderator
Rochester, MN

Clayton C. Bettin, MD
Memphis, TN

Taylor R. Beahrs, MD
Mankato, MN

Matthew A. Mormino, MD
Omaha, NE

Objectives:

- Present cases for discussion that illustrate the nuances and current controversies with ankle fracture management
- Engage attendees to ask questions and discuss topics with a multidisciplinary expert panel
- Case-based illustrations of practical applications of new technology and technique tips for ankle fracture management

7:30 AM – 12:30 PM

Exhibits/Posters Open

(continental breakfast available from 7:30 AM – 9:00 AM in exhibit area)

8:00 AM – 10:30 AM

PLENARY SESSION

SYMPOSIUM II: *Biologics*

David C. Flanigan, MD, Moderator
Columbus, OH

Derrick M. Knapik, MD
St. Louis, MO

Michael Baria, MD
Columbus, OH

W. Kelton Vasileff, MD
Columbus, OH

Presidential Guest Speaker: Marc F. Swiontkowski, MD | Minneapolis, MN

Musings on the Future of Orthopedic Surgery Based on 38 Years of Practice and Academic Activity

Physician in Training Award presentations

Classics Speaker: Matthew A. Mormino, MD | Omaha, NE

Subtrochanteric Femur Fractures: Avoiding Complications

ABOS Update 2023

SCIENTIFIC MEETING IN BRIEF

Friday, April 21, 2023 (con't)

10:30 AM – 11:00 AM	Poster viewing: Presenters 44 – 88 will be available (CME credit will be offered)
10:30 AM – 11:00 AM	Coffee Break in Exhibit Area
11:00 AM – 1:00 PM	Breakout #6 Foot/Ankle
	Breakout #7 Shoulder/Elbow
	Breakout #8 Trauma
	Breakout #9 Arthroplasty: Infection
	Breakout #10 Spine
6:30 PM – 7:30 PM	Steel Memorial Lecturer: Gen Charles A. Horner, USAF (ret.) <i>The 1991 Liberation of Kuwait: A Military and Political Perspective</i>
7:30 PM – 10:00 PM	Friday Night Dinner – Sunrise & Barefoot's Deck

Saturday, April 22, 2023

6:00 AM – 1:30 PM	MAOA Registration Desk open – Emerald Registration Desk
6:00 AM – 1:30 PM	Speaker Ready Room open – Boardroom
6:30 AM – 12:30 PM	Exhibits/Posters Open <i>(continental breakfast available from 6:30 AM – 8:30 AM in exhibit area)</i>
7:00 AM – 10:00 AM	PLENARY SESSION SYMPOSIUM III: <i>Shoulder Arthroplasty</i> Gregory L. Cvetanovich, MD, Moderator Columbus, OH Jonathan D. Barlow, MD, MS Rochester, MN Nicholas H. Maassen, MD Chicago, IL Matthew J. Teusink MD Omaha, NE Introduction of Poster Award Winners AAOS Report Resident Quiz Bowl Rapp Lecturer: Michael P. Clare, MD <i>The Modified Romash Osteotomy in Calcaneal Fracture–Dislocation Malunions: Joint Salvage to Arthrodesis</i>
10:00 AM – 10:30 AM	Coffee Break in Exhibit Area
10:30 AM – 1:30 PM	Breakout #11 Adult Reconstruction: Hip
	Breakout #12 Orthopedic Oncology and Medical Education
	Breakout #13 Adult Reconstruction: Knee
	Breakout #14 Adult Reconstruction: Shoulder
	Breakout #15 Sports: Knee
1:30 PM	Board of Directors' Meeting

Tips and Tricks To Save You During Primary and Revision Hip and Knee Arthroplasties

Wednesday, April 19, 2023

7:55 AM – 3:00 PM

Course Chair: Matthew P. Abdel, MD | Rochester, MN

Highlights will include:

- Extended Trochanteric Osteotomy: How Do I Get In There Safely
- Acetabular and Femoral Component Removal: It Is An Art!
- Modular Fluted Tapered Stems: Making Femoral Revisions Easy
- Cup–Cage for Massive Bone Loss or Pelvic Discontinuity: An Off–the–Shelf Solution
- Cones or Sleeves to Manage Metaphyseal Bone Loss and Optimize Fixation During Revision TKAs
- Instability Managed with Varus–Valgus Constraint and Rotating Hinges
- Irrigation and Debridement with Component Retention for Acute PJI: When and How
- Extensor Mechanism Disruptions: A Synthetic Mesh Reconstruction
- Everything PJI

This CME event will explore various topics and procedures that challenge today's orthopedic surgeons. In addition to didactic lectures, the pre–course offers an engaging luncheon symposium hosted by **Stryker**, interactive panel discussions, and video–based demonstrations!

12:00 PM – 1:00 PM Stryker sponsored Luncheon Symposium (no cme credit offered)

Join us one day prior to the MAOA Annual Meeting for this CME event of faculty presentations followed by discussions.

- \$250 for practicing orthopedists
- \$150 for residents, fellows, medical students, and allied health
- 5 Category 1 CME Credits will be offered for this one–day course
- Additional pre–meeting course information will be posted on the MAOA website

Registration for the Pre–Course can be completed while registering for the annual meeting on the MAOA website www.maoa.org or contact the MAOA office at: midmamerica@maoa.org.

Resident Quiz Bowl

Saturday, April 22, 2023

8:30 AM – 9:30 AM

Back by popular demand! Format is similar to a quiz show where orthopedic residents from academic programs in the Mid–America region compete against one another answering questions from a well–informed moderator!! This session is a fun, interactive and educational experience and gives an opportunity for the residents to show off their orthopedic fund of knowledge. It is always an entertaining and educational event for both the participants as well as the folks in the audience!

MEETING REGISTRATION

Please visit www.maoa.org to register for the meeting and reserve a hotel room. Make plans early to attend a great meeting. All presenters are required to register and pay a registration fee.

WHAT IS INCLUDED IN YOUR REGISTRATION FEE?

Physician Registration

- Continental Breakfast in Exhibit Area on Thursday, Friday, and Saturday
- Coffee Breaks in the Exhibit Area
- Welcome Reception and Buffet Dinner on Wednesday
- Friday Night Dinner
- Meeting Expenses – As with all meetings, your registration fee helps to cover all expenses of the annual meeting, such as name badges, printing, postage, audiovisual equipment, etc.

Spouse/Guest Registration

- Continental Breakfast at the Spouse/Guest Hospitality on Thursday and Friday
- Welcome Reception and Buffet Dinner on Wednesday
- Friday Night Dinner
- Name badge

Controlling Registration Fees

Charges for functions, meeting space, and amenities are ameliorated in direct ratio to the number of rooms booked through the Association's block. Consolidating our reservations helps control registration fees.

2023 Meeting Registration Fees	On or before March 17, 2023	After March 17, 2023
Member	\$975.00	\$1,075.00
Nonmember	\$1,375.00	\$1,475.00
Resident/Fellow/Allied Health	\$500.00	\$600.00
Medical Student	\$250.00	\$350.00
Spouse/Guest of Members and Nonmembers	\$250.00	\$250.00
Spouse/Guest of Residents, Fellows, and Allied Health	\$100.00	\$100.00
Spouse/Guest of Medical Student	\$100.00	\$100.00
Dinner Ticket Wednesday Only	\$150.00	\$150.00
Dinner Ticket Friday Only	\$175.00	\$175.00

NOTE: If you are NOT a member of the MAOA, please consider joining. If your membership application is received in the MAOA office by March 17, 2023, you will only be charged the member rate. The application can be found at www.maoa.org.

MEETING REGISTRATION FEE CANCELLATION POLICY

Full meeting registration fees (less \$50.00 administrative fee) will be refunded if notice is received before March 17, 2023. All meeting cancellations must be received in writing. No refund of meeting registration fee will be granted if notice is received March 17, 2023, or later.

POLICY REGARDING CHILDREN'S ATTENDANCE

Children attending the MAOA 2023 Annual Meeting are welcome to attend various functions with a parent. Sign-up is required for the children's evening meals and can be done when completing your online registration.

HILTON SANDESTIN BEACH GOLF RESORT

The Hilton Sandestin Beach Golf Resort in Miramar Beach, Florida, is the largest beachfront resort on Northwest Florida's Gulf Coast. Sink your toes into the sugar-white sands along the emerald green waters of the Gulf of Mexico and take in the stunning South Walton views. Lounge on the beach or by one of the three pools or indulge in one of the first-class amenities such as golf, tennis, or the award-winning spa. There are six on-site dining venues including a Four-Diamond steak and seafood restaurant or enjoy the outdoors at the beachside bar and grill. The Hilton is a great family destination with plenty of activities for all.

DESTIN BEACHES

The beach at Hilton Sandestin Beach Golf Resort & Spa is part of a stretch of coastline in South Walton that is considered one of the world's most beautiful. For one, the sand is nearly pure quartz crystal, the result of the wearing down of the Appalachian Mountains over time. Almost blindingly white, it is soft, fluffy and looks like sugar.

HILTON SANDESTIN RESORT POOLS

As a salt- and sand-free alternative to their Gulf of Mexico beach, Hilton Sandestin Beach Golf Resort & Spa offers guests the use of three pools, one indoor and two outdoor. They also have two whirlpools and a toddler pool.

MAOA has been allotted "Run of the House" accommodations. This means that the special MAOA room rate will include rooms in all categories listed on the MAOA website. These special MAOA group rates are valid three (3) days preceding and three (3) days following the meeting, based upon availability. Any guest wishing to book pre and post will need to contact group reservations directly | 850-267-9500, ext. 6700 – Reference code: **MAM**. Accommodations will be assigned at the time of check-in according to your reservation request.

The MAOA daily room rate is \$259.00 | Run of the House Room (single or double occupancy)

The MAOA group rate includes some junior suites that come with additional bunk beds in a small private alcove. Go to www.maoa.org for more information. There will be a \$20 charge for each additional adult in the room exceeding double occupancy. All special room rates are subject to applicable state and local taxes, which are currently 12% and subject to change.

RESORT AMENITIES PROGRAM: Hilton Sandestin Beach Golf Resort charges a daily Resort Fee of \$30.00 per night. **This fee has been waived for all attendees of the MAOA meeting who are booked through MAOA Registration.** The resort fee includes guest internet access, self-parking, fitness center access, tram transport throughout the resort, board and beach games, resort activities, kids 12 and under eat free breakfast at Sandcastles with a paid adult, exclusive shopping pass, and local/toll free calls. MAOA will provide complimentary internet in conference & meeting spaces.

HOW TO RESERVE A HOTEL ROOM

Visit www.maoa.org to reserve your room via Hilton Sandestin Beach Golf Resort. If you encounter any problems making your room reservation, please call the hotel reservation department at 850-267-9500, ext. 6700 – Reference code: **MAM**. Room reservations will be closed **March 17, 2023**, or earlier if all hotel space has been allocated.

HOTEL CONFIRMATION AND CANCELLATION POLICY

A one night's deposit with a major credit card is due at time of booking. Guests must cancel seven (7) days prior to scheduled date of arrival to avoid being charged a 1-night cancellation fee.

AIRPORT/HOTEL TRANSPORTATION

IMPORTANT: Hilton Sandestin Beach Golf Resort is in Miramar Beach, FL – the Northwest coast of Florida.

Please use the following airport codes:

- 24 miles from Fort Walton Beach Airport | **VPS**
- 40 miles from Panama City Airport | **ECP**
- 65 miles from Pensacola Regional Municipal | **PNS**

Meeting attendees are responsible for their own transportation to/from the hotel; we do recommend you book ahead of time. Visit www.maoa.org for additional transportation information.

SOCIAL PROGRAM AT A GLANCE

Wednesday, April 19

7:00 PM – 9:00 PM

Welcome Reception and Buffet
Sunrise & Barefoot's Deck

Thursday, April 20

8:30 AM – 10:30 AM

Spouse/Guest Hospitality
Sunrise Deck

9:30 AM

Spouse/Guest Welcome
Sunrise Deck

6:00 PM – 7:30 PM

Exhibitors' Reception
Coastal Ballroom

Friday, April 21

8:30 AM – 10:30 AM

Spouse/Guest Hospitality

1:30 PM

OPTIONAL ACTIVITY
MAOA Golf Tournament – Scramble Format (shotgun start)
Baytowne Golf Club
Cost: \$110
Sign-up required | www.maoa.org for more information

1:30 PM – 4:00 PM

OPTIONAL ACTIVITY
Destin Dolphin Cruise
Cost: \$105
Sign-up required | www.maoa.org for more information

6:30 PM – 7:30 PM

Steel Memorial Lecture
Emerald ABC

7:30 PM – 10:00 PM

Friday Night Dinner
Sunrise & Barefoot's Deck

Sunday, April 23

Departures



MID-AMERICA ORTHOPAEDIC ASSOCIATION
300 Third Avenue SE
Suite 405
Rochester, MN 55904



40th Annual Meeting April 19 – 23, 2023 | Hilton Sandestin Beach Golf Resort | Miramar Beach, Florida

MID-AMERICA ORTHOPAEDIC ASSOCIATION
WWW.MAOA.ORG

FUTURE MEETINGS MARK YOUR CALENDARS

April 10 – 14, 2024
Hyatt Regency Coconut Point Resort
Bonita Spring, Florida

April 19 – 23, 2025
La Cantera Resort
San Antonio, Texas