MID-AMERICA ORTHOPAEDIC ASSOCIATION

Pre-Meeting Course | Wednesday, April 9, 2025

Pearls for the Early in Practice Orthopedic Surgeon

42ND ANNUAL MEETING

APRIL 9 - 13, 2025

LA CANTERA RESORT & SPA
SAN ANTONIO, TEXAS

PRELIMINARY PROGRAM
& REGISTRATION INFORMATION

VISIT WWW.MAOA.ORG TO REGISTER

REGISTRATION DEADLINE - **MARCH 7, 2025**

MID-AMERICA ORTHOPAEDIC ASSOCATION

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AAOS Board of Councilors
(ex officio member)

Dear Friends and Colleagues:

Welcome to the Mid-America Orthopaedic Association 42nd Annual Meeting! We are looking forward to sharing an outstanding educational program, relaxing together with you in the Texas Hill County, enjoying recreational activities at the La Cantera Resort, and taking in the unique culture of the historic city of San Antonio de Bexar.

Elevate your experience at the La Cantera Resort and Spa--nestled up in the San Antonio Hill Country. La Cantera is a perfect family travel destination---embracing both what parents need for relaxing and what kids need for playing. Adults can soak up the sun and enjoy hill-top views from one of several infinity pools; relax with a spa treatment, or hone golfing skills on a world class course. If you have young children, try out the kids pool and splash area, test gaming skills in the Arcade, or enjoy s'mores and a family movie night. If shopping or theme parks are your thing, the La Cantera Resort shuttle runs to local attractions throughout the day. Plus, the resort is just a stone's throw (15-25 minutes) from practically everything (including the San Antonio International Airport).

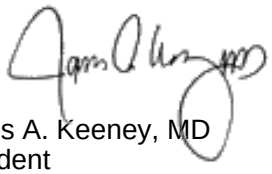
Great news! MAOA has been allotted "Run of the House" accommodations with extension of our group rates for 3 days before and 3 days after the meeting. So, if you enjoy basketball, this year's meeting is timed perfectly! Come down early and catch the NCAA Final Four Tournament being held at the San Antonio Alamodome (April 5 & April 7, 2025) or hang around and catch the San Antonio Spurs/Toronto Raptors (April 13, 2025).

We have an outstanding meeting in store. Dr. Matthew Karam has put together an exceptional pre-meeting course: "Pearls for the Early in Practice Orthopedic Surgeon", starting Wednesday, April 9 at 1:00 PM. If you aren't already here for the NCAA tournament, catch a morning flight and join this program ahead of our Welcome Reception. Dr. Christopher McAndrew and our Program Committee have prepared an outstanding program with paper and poster presentations, symposia, instructional course lectures, and guest speakers. We value your participation—presenting your own work or contributing questions that help us all learn together.

Each invited guest speaker has strongly influenced my professional development and/or surgical practice. I am confident we will learn something valuable from each of them. Our Classics in Orthopaedics speakers present an incredible depth of knowledge and experience in Revision Total Knee Arthroplasty (Dr. David Lewallen) and Hip Preservation/Arthroplasty Surgery (Dr. Robert Trousdale). Our Rapp lecturer will expand our perspectives on the treatment of traumatic hip injury (Dr. Brett Crist), and our Presidential Guest Speaker will provide you with practical ways to positively impact your practice environment and organizational culture (Dr. James Stannard).

I am indebted to my brother-in-law for connecting MAOA with our Steel Lecturer, Sam Acho. Sam will undoubtedly challenge us to live better lives in our communities and beyond. For a preview, check out Sam's Books: "Let the World See You" and "Change Starts with You."

Finally, it would not be fitting to close without expressing gratitude to each of you for making this year's meeting outstanding; to the MAOA Board and Dr. Lewallen (Managing Director) for guidance; and to Pam Kluck and Cayen VanLaere for your thoughtful attention to every important detail.



James A. Keeney, MD
President
Mid-America Orthopaedic Association

Abstract Review
Mid–America Orthopaedic Association would like to recognize and thank the following for their time and effort in reviewing the abstracts for the 2025 scientific program.

Program Committee
Christopher M. McAndrew, MD
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David M. Brogan, MD
Brett D. Crist, MD
Kyle R. Duchman, MD
Matthew D. Karam, MD
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Disclaimer
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CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Association of Hip & Knee Surgeons (AAHKS) and Mid–America Orthopaedic Association. The American Association of Hip & Knee Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Association of Hip & Knee Surgeons designates this live activity for a maximum of 18.5* *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pre–Meeting Course	*3 AMA PRA Category 1 Credits*™
Scientific Program	*14.5 AMA PRA Category 1 Credits*™
Scientific Poster Sessions	*1.0 AMA PRA Category 1 Credits*™

*subject to change

OBJECTIVES

01 To review principles in arthritis treatment for the shoulder, elbow, wrist, and hand.
02 To review the range of surgical procedures available to treat rotator cuff tears
03 To recognize preoperative factors that may affect total hip arthroplasty performance
04 To review indications and performance of different hip joint preservation procedures
05 To review factors impacting the outcome of anterior cruciate ligament reconstruction
06 To review principles in treating intra-articular knee cartilage and meniscus injury
07 To improve prevention, recognition and treatment of total knee arthroplasty complications
08 To review the treatment strategies of both basic and complex adult orthopedic trauma
09 To identify tibial plateau injury patterns and review reduction and fixation principles
10 To review current concepts in the treatment of periprosthetic fractures
11 To evaluate and treat patients with common pediatric orthopedic conditions or injury
12 To evaluate and treat patients with common foot/ankle degenerative conditions or injury
13 To evaluate new technologies that are available to support clinical orthopedic practice

SCIENTIFIC MEETING IN BRIEF

TUESDAY | APRIL 8, 2025

6:00 PM - 8:00 PM **MAOA Registration Desk Open** - *San Jose Foyer*

6:00 PM - 8:00 PM **Speaker Ready Room Open** - *San Jose*

WEDNESDAY | APRIL 9, 2025

8:00 AM - 8:00 PM **MAOA Registration Desk Open** - *San Jose Foyer*

8:00 AM - 8:00 PM **Speaker Ready Room Open** - *San Jose*

9:00 AM - 11:30 AM **MAOA Board of Directors' Meeting**

1:00 PM - 4:30 PM **Pre-Meeting Course**
Pearls for the Early in Practice Orthopedic Surgeon

5:00 PM - 9:00 PM **Exhibitor & Poster Set-up** - *San Antonio DEF & San Antonio Foyer*

6:30 PM **Exhibitor Meeting for Company Representatives** - *San Antonio DEF*

7:00 PM - 9:00 PM **Welcome Reception Dinner** - *Plaza San Saba & Esparza Lawn*

THURSDAY | APRIL 10, 2025

6:00 AM - 2:30 PM **MAOA Registration Desk Open** - *San Jose Foyer*

6:00 AM - 2:30 PM **Speaker Ready Room Open** - *San Jose*

7:00 AM - 7:15 AM **Member Business Meeting** - *San Antonio ABC*
MAOA members only

7:15 AM - 10:00 AM **Plenary Session** - *San Antonio ABC*

Welcome - **James A. Keeney, MD | 2024-2025 MAOA President**

Symposium I - *Great Saves*

Jeffrey Earhart, MD
Rockford, IL

Peter S. Rose, MD
Rochester, MN

Classics in Orthopaedics Speaker | David G. Lewallen, MD
A Brief History of Revision Total Knee Arthroplasty

Physician in Training Award Presentations

OREF Presentation

Ask the Expert & Open Case Discussions | *Upper Extremity Arthritis*

Poster Presentations - *Presenters 1-61 will be available*
CME credit will be offered

10:00 AM - 10:30 AM **Coffee Break in Exhibit Hall** - *San Antonio DEF*

10:30 AM - 12:15 PM
Breakout #01 Knee Arthroplasty
Breakout #02 Trauma
Breakout #03 Hip Arthroplasty
Breakout #04 Sports/Knee Arthroscopy
Breakout #05 Pediatric Orthopedics

12:15 PM - 1:15 PM **Legally Mine** sponsored lunch/presentation - *San Juan*
Safeguarding Wealth: Asset Protection and Tax Strategies
(no CME credit offered)

THURSDAY | APRIL 10, 2025 (*continued*)

1:30 PM - 2:30 PM **Instructional Course I - *Treating the Patella: From the Cradle to Grave***

Leonard T. Buller, MD | Moderator
Indianapolis, IN

Kyle R. Duchman, MD
Iowa City, IA

Timothy S. Brown, MD
Houston, TX

Charles P. Hannon, MD
Rochester, MN

1:30 PM - 2:30 PM **Instructional Course II - *Fractures of the Hand and Wrist: Evaluation and Current Treatment***

Mark H. Gonzalez, MD | Moderator
Chicago, IL

Daniel P. Mass, MD
Chicago, IL

Steve I. Grindel, MD
Milwaukee, WI

Alfonso Mejia, MD, MPH
Chicago, IL

3:00 - 4:00 PM **Faculty Quiz Bowl Cantina Challenge** - *Poolside*
Teams will compete to craft the ultimate margarita and prepare delicious batches of guacamole. Through game show-style orthopedic trivia, they'll have the chance to earn secret ingredients & tips to perfect their margaritas and guacamole!

6:00 PM - 7:30 PM **Exhibitor Reception** - *San Antonio DEF*
Join us for drinks and hors d'oeuvres while connecting with our 2025 exhibitors. You could be one of three lucky winners to win a $500 gift card! First winner announced during reception (must be present to win!)

FRIDAY | APRIL 11, 2025

6:00 AM - 1:00 PM **MAOA Registration Desk open** - *San Jose Foyer*

6:00 AM - 1:00 PM **Speaker Ready Room open** - *San Jose*

7:15 AM - 9:45 AM **Plenary Session** - *San Antonio ABC*

Symposium II - *Have You Seen This? Leveraging Technology in Practice*

S. Trent Guthrie, MD
Detroit, MI

Dane Salazar, MD
Maywood, IL

Krystin A. Hidden, MD
Rochester, MN

Presidential Guest Speaker | James P. Stannard, MD
TBD

Ask the Expert & Open Case Discussions | Proximal Femur Fractures

Classics in Orthopaedics Speaker | Robert T. Trousdale, MD
Lessons Learned After 30 Years of Hip Surgery

ABOS Update 2025

Poster Presentations - *Presenters 62-120 will be available*
CME credit will be offered

9:45 AM - 10:15 AM **Coffee Break in Exhibit Hall** - *San Antonio DEF*

10:15 AM - 12:00 PM
Breakout #06 Shoulder & Elbow
Breakout #07 Foot & Ankle
Breakout #08 Knee Arthroplasty
Breakout #09 Hip Arthroplasty
Breakout #10 Sports/Hip Arthroscopy
Breakout #11 Hand & Wrist

6:30 PM - 7:30 PM **Steel Memorial Lecture | Sam Acho**
Change Starts with You
Sam Acho is an author, a public speaker, a humanitarian, an in-studio and game analyst for ESPN, a nine-year NFL veteran and a committed Christian. As an analyst at ESPN, Sam covers the NFL, college football, and the UFL. He's also currently an ambassador for the International Justice Mission.

7:30 PM - 10:00 PM **Friday Night Dinner** - Plaza *San Saba & Esparza Lawn*

SCIENTIFIC MEETING IN BRIEF

SATURDAY | APRIL 12, 2025

6:00 AM - 1:00 PM **MAOA Registration Desk Open** - *San Jose Foyer*

6:00 AM - 1:00 PM **Speaker Ready Room Open** - *San Jose*

6:45 AM - 7:45 AM **Instructional Course III - *Sports Patellofemoral 2025: Current Issues and Algorithms***

David C. Flanigan, MD | Moderator
Columbus, OH

Matthew A. Tao, MD
Omaha, NE

Jay P. Shah, MD
Irving, TX

Marc Tompkins, MD
Minneapolis, MN

6:45 AM - 7:45 AM **Instructional Course IV - *Common Approaches to Nonunion and Bone Loss, and When to Consider Transport***

Brett D. Crist, MD, FACS | Moderator
Columbia, MO

Kyle Schweser, MD
Columbia, MO

Daniel Bravin, MD
Springfield, MO

Joel C. Williams, MD
Chicago, IL

8:00 AM - 10:30 AM **Plenary Session** - *San Antonio ABC*

AAOS Report | **Annunziato Amendola, MD**

Symposium III - *Practice Transitions – Challenges and Change*

Muyibat Adelani, MD
Wentzville, MO

Glenn D. Wera, MD
Cleveland, OH

Bernard N. Stulberg, MD
Shaker Heights, OH

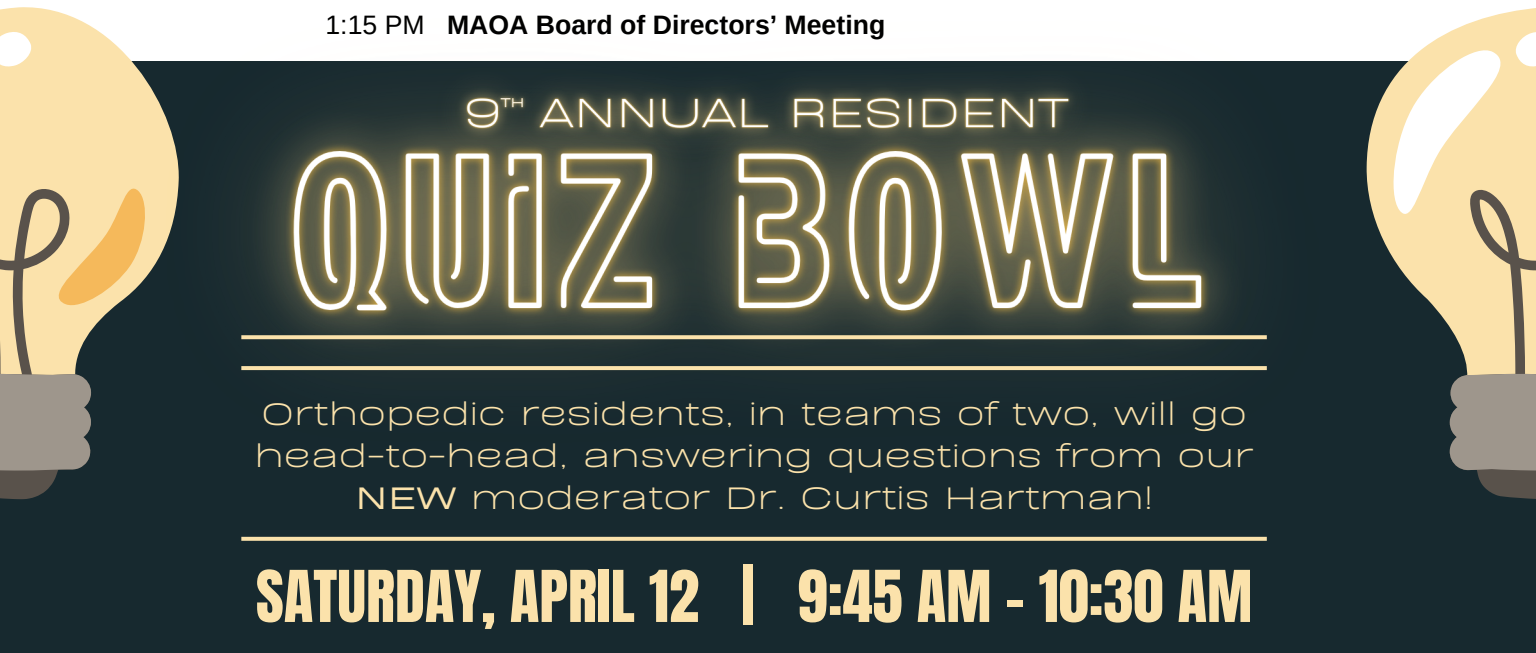
Rapp Lecture | Brett D. Crist, MD, FACS
Joint Preservation Strategies in Acute Trauma Around the Hip—Going Beyond Just Getting the Fracture Right

Resident Quiz Bowl | Moderated by Curtis Hartman, MD

10:30 AM - 11:00 AM **Coffee Break in Exhibit Area** - *San Antonio DEF*

11:00 AM - 1:00 PM
Breakout #12 Trauma, Physiology & Nutrition
Breakout #13 Shoulder & Elbow/Topics in Training
Breakout #14 Knee Arthroplasty, Practice Management, Miscellaneous
Breakout #15 Arthroplasty, Hip Preservation, Patient Perspective
Breakout #16 Oncology & Spine
Breakout #17 Sports

1:15 PM **MAOA Board of Directors' Meeting**



MID-AMERICA
ORTHOPAEDIC ASSOCIATION

2025 MAOA PRE-MEETING COURSE

PEARLS FOR THE EARLY IN PRACTICE ORTHOPEDIC SURGEON

CHAIR
MATTHEW D. KARAM, MD
IOWA CITY, IA

WEDNESDAY
APRIL 9, 2025
1:00 PM - 4:30 PM

LA CANTERA RESORT
SAN ANTONIO, TX

HIGHLIGHTS

- Identify and Engage with Mentors
- Enhance Educational Skills
- Incorporate Patient-Reported Outcomes (PROs)
- Understand Contract Negotiation
- Develop a Referral Network
- Master Billing and Coding
- Prevent Burnout
- Achieve Long-Term Success
- Plan Financially

SESSION 1
Christopher M. McAndrew, MD | Moderator

Mentorship, Education & Research

Getting, Keeping, and Giving Mentorship in an Academic Practice

Staying Involved and in Touch from Outside Academics

SESSION 2
Charles P. Hannon, MD | Moderator

Building Clinical Expertise

Finding a Job

Building a Referral Network

Starting Off on the Right Foot

SESSION 3
Brian R. Wolf, MD | Moderator

Maintain a Work Life Balance

Friday and Saturday Night Lights

Stay Positive!

Little Things Matter for Long Term Success

MEETING REGISTRATION

Please visit www.maoa.org to register for the meeting and book your hotel room. Make your plans early to join us for an exceptional gathering! **All presenters are required to register and pay the registration fee.**

WHAT DOES YOUR REGISTRATION FEE INCLUDE?

PHYSICIAN REGISTRATION

- Continental Breakfast in the Exhibit Area on Thursday, Friday, and Saturday
- Coffee Breaks in the Exhibit Area
- Welcome Dinner on Wednesday
- Dinner on Friday Night
- Meeting Expenses – Your registration fee assists in covering the costs of the annual meeting, including name badges, printing, postage, audiovisual equipment, and more.

SPOUSE/GUEST REGISTRATION

- Continental Breakfast at the Spouse/Guest Hospitality on Thursday and Friday
- Welcome Reception and Buffet Dinner on Wednesday
- Dinner on Friday Night
- Name Badge to attend events

MANAGING REGISTRATION FEES

Costs for functions, meeting space, and amenities are mitigated in direct proportion to the number of rooms booked through the Association's block. Consolidating our reservations helps keep registration fees in check.

2025 MEETING REGISTRATION FEES	On or before March 7, 2025	After March 7, 2025
Member	$1,200	$1,300
Nonmember	$1,500	$1,600
Resident, Fellow, Allied Health	$900	$1,000
Medical Student	$350	$450
Guest | Member, Nonmember	$500	$500
Guest | Resident, Fellow, Allied Health	$250	$250
Guest | Medical Student	$250	$250
Dinner Ticket | Wednesday Only	$175	$175
Dinner Ticket | Friday Only	$215	$215

If you are not yet a member of the Mid-America Orthopaedic Association, we encourage you to join now. If your membership application is submitted to the MAOA office by March 7, 2025, you will only pay the member rate. Join MAOA at www.maoa.org!

MEETING REGISTRATION FEE CANCELLATION POLICY:

Full meeting registration fees (minus a $50.00 administrative fee) will be refunded if notice is received before March 7, 2025. All cancellation requests must be submitted in writing. No refunds will be issued for cancellations received on or after March 7, 2025.

POLICY ON CHILDREN'S ATTENDANCE:

Children attending the MAOA 2025 Annual Meeting are welcome to participate in various functions with a parent. Sign-up is required for children's evening meals and can be arranged during your online registration process.

LA CANTERA RESORT & SPA

Perched in the scenic Hill Country, La Cantera Resort & Spa offers a luxurious retreat that combines world-class amenities with breathtaking views. From five sparkling pools and an adults-only floor to a championship golf course and a destination spa, this resort redefines relaxation and recreation. But it's not just about the resort's incredible features—La Cantera is also just 20 minutes from San Antonio International Airport and offers a complimentary shuttle service to the city's top shopping, dining, and entertainment venues, including Six Flags and more.

Take in the beauty of the Hill Country while enjoying a variety of pools designed to cater to every guest’s needs. Each of our five pools offers a unique experience:

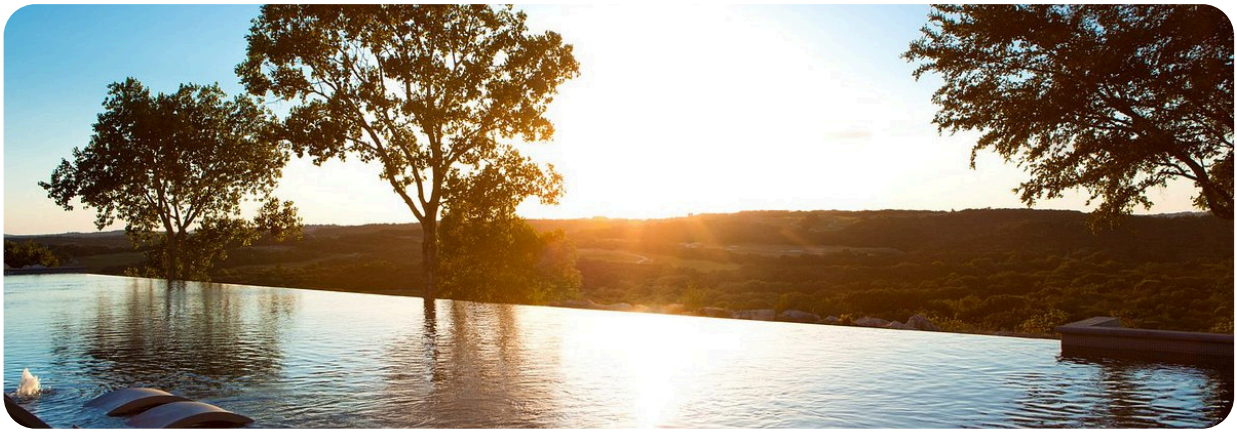
- **Kids Pool** features two water slides and a fun splash area for the little ones
- **Adults-Only Pool** - Relax in style with ten private cabanas and a poolside bar
- **Vista Pool** - Enjoy panoramic views of the Hill Country alongside the Vista Grille
- **Villa Pools** - Exclusive pools for villa guests, offering a more private, serene experience
- **Loma de Vida Pool** - Secluded and peaceful, perfect for those seeking ultimate tranquility

LA CANTERA ACTIVITIES
La Cantera Resort is a favorite destination for families, offering activities for both parents and kids to enjoy together. Challenge your family to a friendly competition at the La Cantera Arcade, or unwind by the fire during Sunset S’mores & Family Movie Night, where you can roast marshmallows and enjoy all-you-can-eat s’mores.

The resort’s shuttle runs throughout the day, offering easy access to nearby attractions like the Shops at La Cantera, Six Flags Fiesta Texas, and more. La Cantera is truly a place where families can relax, play, and explore.

Let La Cantera Resort & Spa elevate your San Antonio getaway with unforgettable experiences, stunning views, and world-class amenities.

LA CANTERA RESORT & SPA



HOW TO RESERVE A HOTEL ROOM
Visit www.maoa.org to reserve a hotel room at the La Cantera Resort & Spa under the MAOA room block. If you encounter any problems making your room reservation, please call the hotel reservation department at **855-499-2960**. Room reservations will be closed March 7, 2025, or earlier if all hotel space has been allocated.

MAOA has been allotted “Run of the House” accommodations. The MAOA group rate includes access to a variety of room categories, with accommodations assigned at check-in based on availability and reservation requests. These rates are valid three days before and three days after the event, ensuring you can enjoy the resort at your convenience.

MAOA daily room rate is $309.00 | single or double occupancy

There will be an additional $25/per night charge for each additional adult in the room exceeding double occupancy. All special room rates are subject applicable state and local taxes, which are currently 18% and subject to change.

RESORT AMENITIES PROGRAM
The La Cantera Resort & Spa charges a daily Resort Fee of $39.00 per room per day. This fee has been waived for all attendees of the MAOA meeting who are booked through MAOA Registration. This program includes: daily bottled water, self parking, local and long distance access for credit card and 800 numbers, basic wireless internet in guest rooms, WIFI in the lobby, restaurant and lounges, use of fitness facility to include complimentary shuttle service to key locations, Resort activities, golf bag storage and a complimentary use of golf practice facilities.

HOTEL CONFIRMATION & CANCELLATION POLICY
A one night’s deposit with a major credit card is due at time of booking. Guests must cancel 72 hours prior to date of arrival to avoid being charged a 1-night cancellation fee or half the total stay amount, whichever is greatest.

AIRPORT/HOTEL TRANSPORTATION
The La Cantera Resort & Spa is located in San Antonio, Texas - 15 miles from the San Antonio International Airport (SAT).

Attendees are responsible for scheduling their own transportation to/from hotel; we do recommend you book ahead of time. Visit www.maoa.org for additional transportation information.

SOCIAL PROGRAM AT A GLANCE

WEDNESDAY | APRIL 9

7:00 PM - 9:00 PM **Welcome Reception**
Plaza San Saba & Esparza Lawn

THURSDAY | APRIL 10

8:30 AM - 10:30 AM **Guest/Spouse Hospitality**
La Sierra

9:30 AM **Guest/Spouse Welcome Program**
La Sierra

*Meet your friends from **ZOOMAGINATION!** Zoomagination is a non-profit aimed to share their love and knowledge of animal friends! This is where the animal kingdom meets your imagination!*

3:00 PM - 4:00 PM **Faculty Quiz Bowl Cantina Challenge**
Poolside

Teams will compete to craft the ultimate margarita and prepare delicious batches of guacamole. Through game show-style orthopedic trivia, they'll have the chance to earn secret ingredients & tips to perfect their margaritas and guacamole!

6:00 PM - 7:30 PM **Exhibitor Reception**
San Antonio DEF

Join us for drinks and hors d'oeuvres while connecting with our 2025 exhibitors. You could be one of three lucky winners to win a $500 gift card! First winner will be announced during reception! Must be present to win!

Dinner at Leisure

FRIDAY | APRIL 11

8:30 AM - 10:30 AM **Guest/Spouse Hospitality**
La Sierra

1:30 PM **MAOA Golf Tournament** - Scramble Format (shotgun start)
La Cantera Golf Club
$190

Pre-registration required via annual meeting registration form or email midamerica@maoa.org

6:30 PM - 7:30 PM **Steel Memorial Lecturer | Sam Acho**
San Antonio ABC

7:30 PM - 10:00 PM **Friday Night Dinner**
Plaza San Saba & Esparza Lawn

SUNDAY | APRIL 13

Departures

MID-AMERICA ORTHOPAEDIC ASSOCIATION
300 Third Avenue, SE
Suite 405
Rochester, MN 55904

42nd Annual Meeting | April 9 - 13, 2025 | La Cantera Resort & Spa | San Antonio, TX

WWW.MAOA.ORG

FUTURE MEETINGS MARK YOUR CALENDARS

April 15 - 19, 2026
The Grand Hotel
Golf Resort
Point Clear, AL

April 14 - 18, 2027
Hilton Sandestin
Beach Golf Resort
Miramar Beach, FL

April 20 - 23, 2028
Hyatt Regency Coconut
Point Resort
Bonita Springs, FL

April 19 - 22, 2029
Hyatt Regency Grand
Cypress Resort
Orlando, FL